



1095 Whippoorwill Ln, Naples

Part 1: Feb. 7, 2019

Part 2: March 7, 2019

Noon to 1:30 p.m.

CEUs for Mental Health
Professionals &
Psychologists

1.5 CEUs per session
BAP-307

Do we have it right? Brain -minded parenting

With Dr. Silvia Casabianca, MA, LMHC

Science tells us we're hard-wired for love. How could we better support the development of our innate capacity for empathy and compassion?

In this two-part presentation we will review the essentials of the neuroscience of love. In the first session, we will discuss brain circuits involved in the process of regulating emotions, developing trust and feeling compassion. In the second session, we will discuss five circuits (systems) involved in parenting, factors that create blockages to parenting processes and how to mindfully foster a relationship with a child to grant sufficient neuroprotection and neurostimulation. We will also discuss strategies we could present to parents to help them become better companions in the process of socialization of the child.



Contact: MHASWFL at (239) 261-5405
email: bfollweiler@mhaswfl.org or visit: www.mhaswfl.org